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# REPORT ON THE IMPLEMENTATION OF THE PROJECT

## In search of integration ...

Rzeszów 2023

A project co-financed by the Ministry of Education and Science as part of an open call for proposals for the implementation of a public task in 2023, entitled Organizing and Facilitating Activities for the Academic Community.



Ministerstwo  
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Report on the completion of the project "In search of integration...".  
This is a document produced to highlight the results of the activities  
of the FRUMIS Foundation for the Development of Social Skills  
implementing the project in order to document the results for their  
accountability.

Graphic design and preparation

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## GRANTOR



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## GRANTEE



## PARTNER





# ABOUT THE PROGRAMME

01

In 2023, the Ministry of Education and Science introduced an initiative to support the academic community. The initiative was aimed at promoting science and education and enabling young people to develop social competences and abilities, which fell within the non-commercial scope of public tasks.

The programme also aimed to support the scientific movement among students, the activities of scientific circles and the raising of legal awareness among students and doctoral students. Particular attention was paid to the development of academic media, equal educational opportunities for students with disabilities and the integration of international students. Institutions or organisations awarded a grant were required to contribute a minimum of 10 per cent of the value of the project, with public funding amounting to PLN 3 350 000.

An important aspect of the programme was the involvement of beneficiaries in the evaluation process, which allowed for continuous improvement of projects and their adaptation to evolving academic needs. MEiN also encouraged partnerships between NGOs and academic institutions, which fostered the exchange of knowledge and experience.

In conclusion, the MEiN programme has played a major role in shaping the educational and professional future of students, supporting a variety of initiatives and contributing to the creation of a dynamic and innovative academic environment capable of meeting the challenges of modernity.



## Photo report



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## GRANTEE

FRUMIS Foundation for the Development of Social Skills - is a non-profit, non-governmental organisation that aims to improve social, emotional and physical levels of fitness. The organisation works with children, young people and adults. The aim of the foundation is to develop and build social skills among the public, which are often lacking. The foundation deals with the development of social skills through physical activity such as communication, cooperation, self-confidence, motivation, creativity and cohesion.



## PARTNER

The University of Rzeszów, with its extensive academic experience and wide range of research activities, was a valuable partner in a project focused on the development of social competences. As an educational institution, it provided access to state-of-the-art teaching methods and research resources that contributed to the preparation and implementation of educational programmes. Cooperation with the University of Rzeszów opened the door to interdisciplinary research and practice, combining social sciences, psychology and physical education and animation. The University, using its reputation and reach, helped to promote the project and its results, both within and beyond academia. By involving students and lecturers from the University of Rzeszów, the project has benefited from new perspectives and cutting-edge expertise.





## Photo report



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# CLOSER TO THE PROJECT

03

On 7 November 2023, at the facilities of the Institute of Physical Culture Sciences of the Medical College of the University of Rzeszów, an educational and sports workshop was held, bringing together 100 students and doctoral students, including 21 participants from abroad. The initiative, organised by the FRUMIS Foundation for the Development of Social Skills, aimed to integrate the international student community and develop social skills such as group cooperation and communication.

During the five-hour activity, participants took part in thematic workshops:

**WORKSHOP 1** Tolerance vs acceptance, relationship building and personal boundaries

**WORKSHOP 2** Intention and motivation as skills in building an integrated community. Te aktywności stworzyły okazję do aktywnego działania, które sprzyjało zacieśnianiu więzi i nawiązywaniu nowych znajomości.

The workshop programme was designed to meet the needs of young academics, promoting active forms of leisure and taking care of personal development. Participants had the opportunity to explore and develop common passions and talents, which fostered the shaping of their own development path. The project contributed to the integration of the student community, including people from different cultures, which was an important element in building an integrated academic environment at the University of Rzeszów.



# Photo report



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This project, implemented by the Frumis Foundation, focused on organising events to develop psychosocial, cognitive, creative and physical fitness skills among students, especially those from abroad. The aim was to counteract boredom and a lack of active leisure activities, which had a negative impact on the local environment. The events included two workshops led by qualified trainers, assisted by previously trained instructors, also working with people with special needs, including disabilities.

The format of the events adopted included participant registration, a welcome reception, two thematic workshops, hot meals during breaks and sports and integration activities, ending with the distribution of commemorative medals. In total, around 100 students participated, of which, 21 were from abroad, studying at the University of Rzeszów.

The aim of the workshop was to integrate students, both international and Polish, through joint activities to develop social competences. A film documenting the project was also produced to promote integration and cooperation between students of different nationalities. This film, which included information about the project and its funding from the Ministry of Education and Science, was made widely available on online platforms such as YouTube and on the Foundation's website.

All workshops and activities were led by experienced trainers and instructors. An English translator was hired for the duration of the event to support the development of promotional materials, certificates and the final report





# Photo report



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The organisation of the workshop required one person to coordinate. Participants were recruited via an online application form available in two languages

<https://www.frumis.org.pl/index.php/nasze-dzialania/programy/w-search-integration>

<https://www.frumis.org.pl/index.php/nasze-dzialania/programy/w-seeking-integration/in-search-of-integration> and promotion of the project used social media and information posted at the Rector's Office of the University of Rzeszów and in the colleges.

Following the workshop, an evaluation report was produced, available in two languages on the foundation's website, as well as in paper form delivered to the Ministry of Education and Science. All promotional materials were prepared bilingually and participants were covered by personal accident insurance.

This project, became a significant event within the activities of our foundation. In addition to workshops and sports activities, panel discussions were organised, which allowed for the exchange of experiences and views between students from different cultures. Lecturers from the University of Rzeszów also participated in these panels, which enriched the debate with an academic perspective.

After the project, a survey was conducted among the participants to collect their opinions and suggestions. The results of the survey were analysed to improve future projects. Participants expressed high satisfaction with the organisation and content of the workshop, which provided us with important feedback.

In retrospect, this project became an important milestone in our work, demonstrating the effectiveness and positive impact of educational and inclusive initiatives on the academic and local community. Its success inspired us to continue our efforts to build intercultural bridges and support the comprehensive development of young people.





## Photo report



A project co-financed by the Ministry of Education and Science as part of an open call for proposals for the implementation of a public task in 2023, entitled Organizing and Facilitating Activities for the Academic Community.

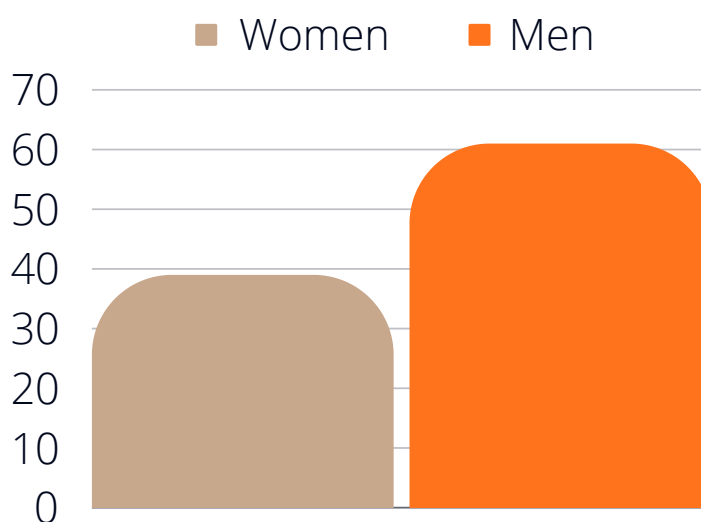




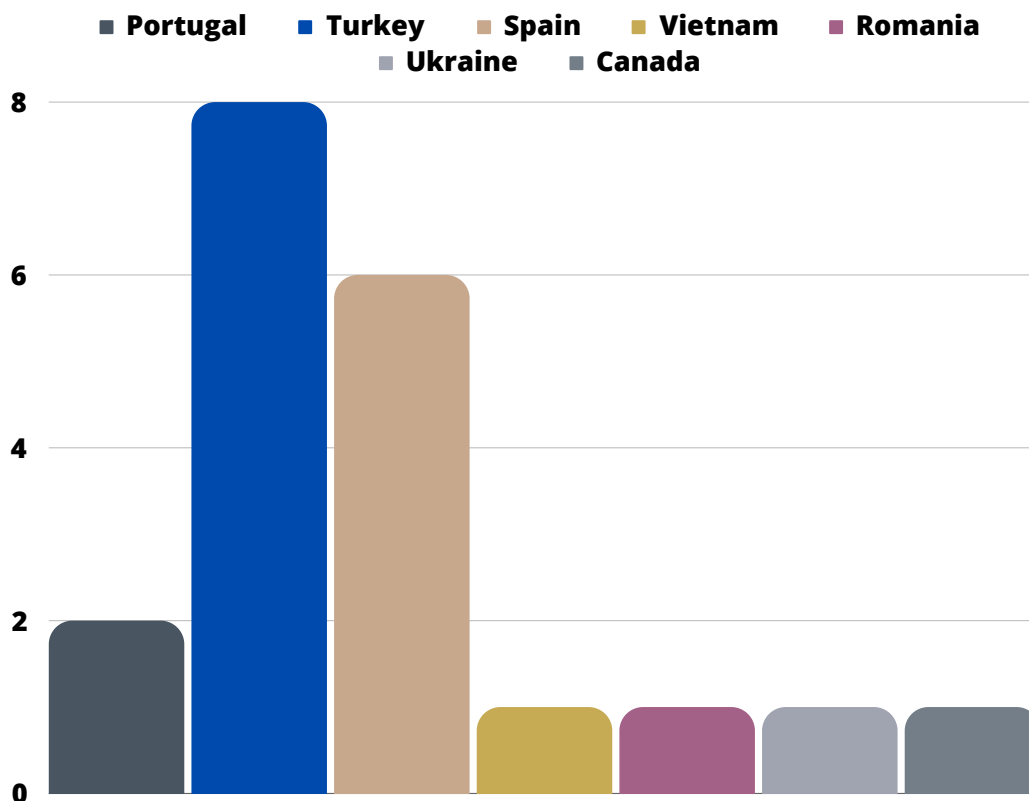
# STATISTICS

05

LP	Płeć	LICZBA
1	Women	39
2	Men	61



1.DIVISION BASED ON GENDER:



1.DIVISION BY COUNTRY OF ORIGIN

## Photo report



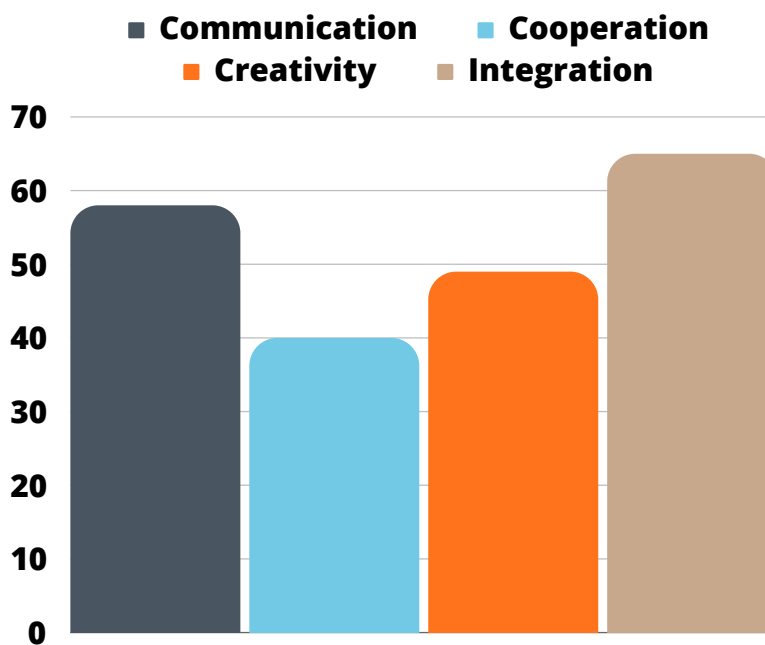
A project co-financed by the Ministry of Education and Science as part of an open call for proposals for the implementation of a public task in 2023, entitled Organizing and Facilitating Activities for the Academic Community.



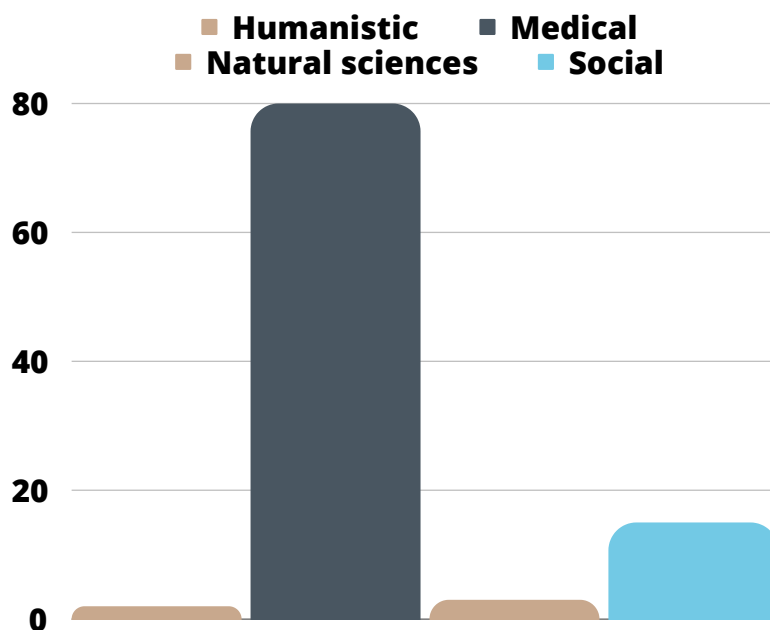
# STATISTICS

05

## RECRUITMENT SURVEY RESPONSES



1. WHICH SOCIAL SKILLS WOULD YOU LIKE TO DEVELOP?



1. WHICH COLLEGE DO YOU STUDY AT?



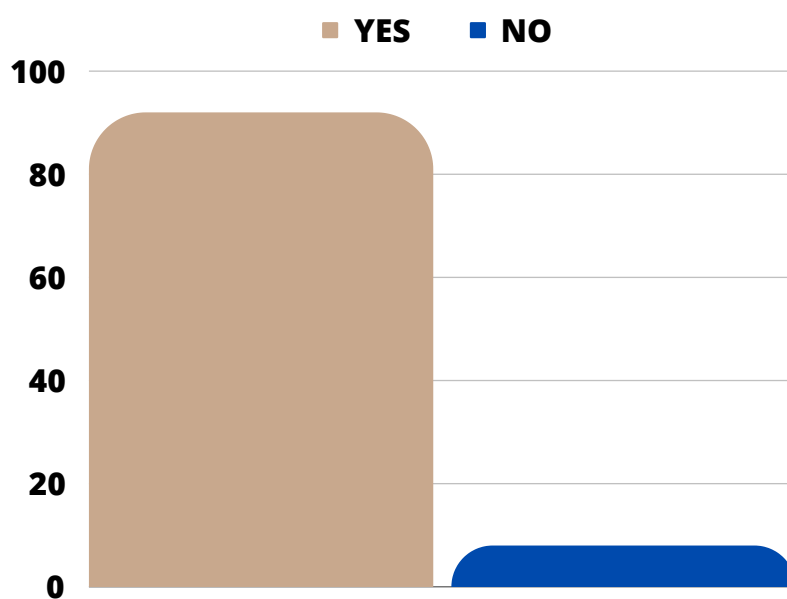
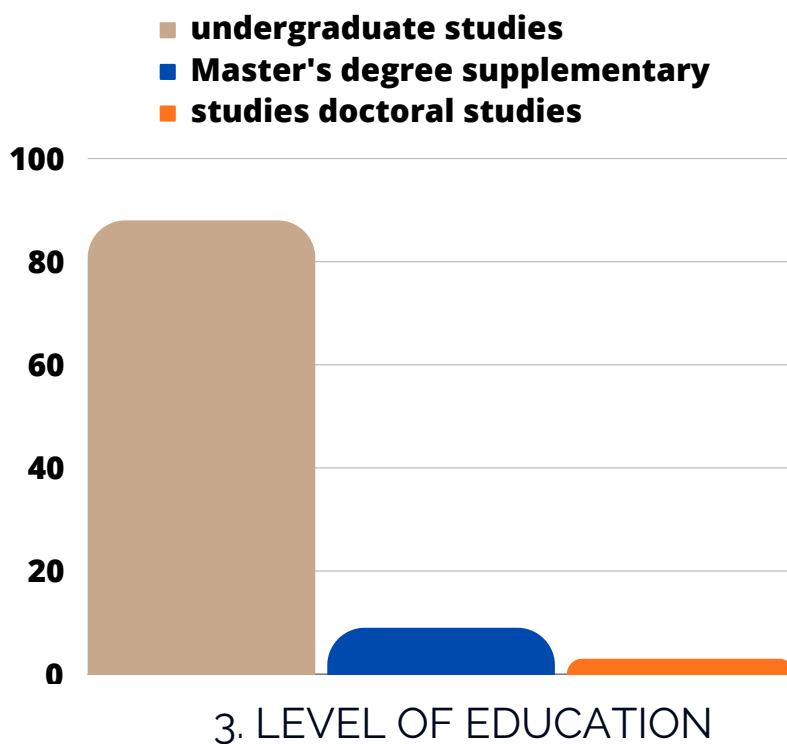
## Photo report



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## RESPONSES TO THE RECRUITMENT QUESTIONNAIRE





## Photo report



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# SWOT ANALYSIS

06



## STRENGTHS

- Multicultural engagement: the project successfully integrated students from different cultures, promoting intercultural understanding and cooperation.
- Academic and professional support: The participation of University of Rzeszów lecturers and experienced trainers and instructors strengthened the educational quality.
- Accessibility and Inclusiveness: Consideration of the needs of people with disabilities and linguistic diversity made the project more accessible.
- Varied and interactive activities: the use of different methods and forms of activities, including workshops, discussions and sports activities, increased participant involvement.
- Good documentation and promotion: Effective use of social media and audiovisual material to documenting



## WEAKNESSES

- Limited outreach: the project focused on the University of Rzeszów environment, which may have limited its impact on the wider community.
- Dependence on external finance: The project was funded by the Ministry of Education and Science, which could pose a risk in case of changes in funding.
- Limited resources: employing only one person to organise the workshops may have affected the efficiency and scope of activities.
- Difficulties in student engagement resulting from teaching activities.

## Photo report

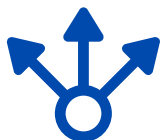


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# SWOT ANALYSIS

06



## OPPORTUNITIES

- Network development: Collaboration with the University of Rzeszów and local organisations provides an opportunity to expand the project and increase its impact.
- Expansion of the programme: Experiences gained and positive feedback from participants can form the basis for further, more extensive projects.
- International partnerships: International partnerships and exchanges are possible, which can increase the reach and impact of the project.



## ZAGROŻENIA

- Changes in funding: Changes in policy or budget of the Ministry of Education and Science may affect the possibility of continuing or developing the project.
- Communication challenges: Despite the presence of an interpreter, language and cultural barriers may pose challenges to the integration and collaboration of participants.
- Competition from other projects: There are many initiatives in the academic and educational environment, which can be challenging in attracting participants and interest.



## Photo report



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## **1 Extend the reach of the project:**

To overcome the limitations of local reach, it is worth considering collaborating with other universities or international organisations. This will allow the project to reach a wider audience and increase its impact.

## **2. Diversification of funding sources:**

In order to minimise the risk of dependence on a single funding source, the project should seek alternative ways of funding, such as grants, collaboration with the private sector, or crowdfunding.

## **3. Increase resources and organisational support:**

Recruiting additional staff or increasing the number of volunteers will help to manage and expand the project more effectively, thus helping to realise its potential.

## **4. Using technology to break down language and cultural barriers:**

Investment in translation tools and communication technologies can help to overcome language barriers and facilitate international integration.

## **5. Developing training and education programmes:**

Developing more varied and extensive workshop programmes that target the development of specific skills or topics, can attract more participants and enrich the educational offer of the project.

## **6. Continuous monitoring and evaluation:**

Regular evaluation and feedback from participants and project partners will allow for ongoing adaptation and improvement of the programme. In addition, collecting and analysing data can help to better understand the needs of participants and the effectiveness of different aspects of the project.



## Photo report



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# Photo report



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**W POSZUKIWANIU  
INTEGRACJI...**

**07.11.2023**

**IN SEARCH OF  
INTEGRATION...**

**INTEGRACJA  
INTEGRATION**

**KOMUNIKACJA  
COMMUNICATION**

**SZACUNEK  
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Projekt "W poszukiwaniu integracji... warsztaty aktywności z uwzględnieniem rozwoju kompetencji społecznych środowiska akademickiego" współfinansowany ze środków Ministerstwa Edukacji i Nauki



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**CERTYFIKAT**

**"W POSZUKIWANIU INTEGRACJI..."  
"IN SEARCH OF INTEGRATION ..."**

**DR PAWEŁ LENIK**  
Event Manager

**MGR KAMIL SULIBA**  
Event Coordinator

**07.11.2023**



**Ministerstwo  
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**W POSZUKIWANIU  
INTEGRACJI...**

**IN SEARCH OF  
INTEGRATION...**

**Program wydarzenia/  
Event program**

**07.11.2023**

**HALA SPORTOWA  
UL. ZELWEROWICZA**

**Warsztaty/Workshops**

**WARSZTAT 1** - Tolerancji vs akceptacja, budowania relacji oraz granic osobistych / Tolerance vs. acceptance, building relationships and personal boundaries.

**WARSZTAT 2** - Intencje i motywacja jako umiejętności w budowaniu zintegrowanej społeczności / Intentions and motivation as skills in building an integrated community

**Animacje/Animations**

**Team FRUMIS** - Integracyjne gry i zabawy / integration games and fun

**ZIGA** - Wielkoformatowe gry planszowe / Large format board games

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Wydział Gospodarczy Krajowego Rejestru Sądowego